

## **Federated Church - "Ways to Help"**

**I will assist in the INTERFAITH HOSPITALITY NETWORK PROGRAM  
for homeless families in the following ways:**

- Dinner and Evening Volunteer  
(5:30 pm - 8:30 pm)**
- Overnight Volunteer (8:30 pm - 6:00 am)**
- Breakfast Volunteer (6:00 am - 7:00 am)**
- Meal Preparation and Serving**
- Sunday Afternoon Setup  
(beds, tables, room dividers)**
- Sunday Cleanup (7:00 am)  
(beds ready for pickup)**
- Help with Weekly Cleanup**
- Help with Laundry (towels and sheets)**
- Doctor on Call**       **Nurse on Call**
- Donate non-perishable food items  
(cereals, snacks, juices, coffee, tea,  
peanut butter, jelly, etc.)**
- Coordinator (Host or Meals or Supplies)**
- Tutor**
- I would like more information**

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Print this out and return form to:

Federated Church of Ashland  
ATTN: IHN  
118 Main Street  
P. O. Box 26  
Ashland, MA 01721  
FAX: 508-881-0356